Preschool & Elementary Lunch Menu – March 2024							
Monday	Tuesday	Wednesday	Thursday	Friday			
KCS School Nutrition offers a variety of fresh whole fruit or 100% fruit juice daily. Students may select up to two servings of fresh fruit offered daily. Sandwich Trimmings (4) offered with all sandwich choices	Approximate grams of Carbohydrates per serving is shown in parenthesis Mayfield Milk Choices - 1/2 pint serving White Skim (13) White 1% (13) Fat Free Chocolate (20)						
				March 1 st			
				Choose 1 Entrée Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27) WG Crunchy Fish Sticks (22) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) <u>Side Item</u> Oven Baked Fries (14) Spinach Maria (16) Garden Salad (2) Baby Carrots (5)			
March 4 th	March 5 th	March 6 th	March 7 th	March 8 th			
Choose 1 Entrée Big Daddy's Cheese or Pepperoni Pizza (42) 5 WG Chicken Nuggets (20) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) <u>Side Item</u> Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Green Peas (11) Caesar Salad (5) Baby Carrots (5)	Student Holíday	Choose 1 Entrée Teriyaki Chicken (10) Fried Rice Bowl (54) 2 WG Max Cheese Sticks (32) w/ ¼ cup Marinara Dipping Sauce WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1) <u>Side Item</u> Sweet Yellow Corn (15) Fresh Steamed Broccoli w/ Cheese Sauce (5) Garden Salad (2) Baby Carrots (5)	Choose 1 Entrée Cheesy Chicken Nachos (32) Mini Chef w/ Turkey (4) w/ WG Roll (32) WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1) <u>Side Item</u> Bush's Black Beans (30) Garden Salad (2) Veggie Nibbles (5) <u>Dessert</u> Chocolate Chip or Sugar Cookie (18)	Manager's Choíce			

March 11 th	March 12 th	March 13 th	March 14 th	March 15 th
Spríng Break	Spríng Break	Spring Break	Spríng Break	Spríng Break
March 18 th	March 19 th	March 20 th	March 21 st	March 22 nd
Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée	Choose 1 Entrée
Nardone's Cheese or Pepperoni Pizza (28)	Bone-In Chicken (11) w/ WG Biscuit (27)	Spaghetti (42) w/ or w/o Meat Sauce (10)	Breaded Chicken Parmesan w/ WG Roll	Charbroiled Hamburger (1) or
5 WG Chicken Nuggets (20) w/ WG Roll	Turkey & Cheese (2) on WG Bun (27) w/	& WG Roll (32)	(32)	Cheeseburger (3) on WG Bun (27)
(32)	RF Doritos (20)	4 Wild Mike Cheese Bites (28)	6 Chicken & Vegetable Dumplings (31)	WG Crunchy Fish Sticks (22) w/ WG Roll (32)
WG Uncrustable PBJ (32) w/ Cheez-Its	WG Uncrustable PBJ(32) w/ Cheez-Its(14)	WG Uncrustable PBJ(32) w/ Cheez-Its(14) &	Mini Chef w/ Ham (4) w/ WG Roll (32)	
(14) & Cheese stick (1)	& Cheese Stick(1)	Cheese Stick(1)	WG Uncrustable PBJ (32) w/ Cheez-Its	WG Uncrustable PBJ (32) w/ Cheez-Its
Side Item	Also available Homemade Macaroni &	Side Item	(14) & Cheese stick (1)	(14) & Cheese stick (1)
Mashed Potatoes (17) w/ or w/o gravy (4)	Cheese (24)	California Blend Mixed Vegetables (5)		Side Item
Sweet Yellow Corn (15)		Garden Salad (2)	Side Item	Oven Baked Fries (14)
Caeasr Salad (5) Baby Carrots (5)	Side Item	Baby Carrots (5)	Curly Fries (25) Glazed Carrots (15)	Bush's Baked Beans (30) Garden Salad (2)
	Green Beans (4) Garden Salad (2)		Garden Salad (2)	Baby Carrots (5)
	Veggie Nibbles (5)		Veggie Nibbles (5)	, , , ,
			Dessert	
			Cool Tropics Slush	

March 25 th	March 26 th	March 27 th	March 28 th	March 29 th
Wartin 25 Choose 1 Entrée Stuffed Crust Cheese or Pepperoni Pizza (31) 5 WG Chicken Nuggets (20) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) Side Item Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Yellow Corn (15) Caeasr Salad (5) Baby Carrots (5)	Warch 20 Choose 1 Entrée French Toast Sticks (37) w/ Sausage (2) Homemade Grilled Cheese (34) WG Uncrustable PBJ (35) w/ Cheez-Its (14) & Cheese stick (2) Side Item Crispy Hashbrowns (31) Caesar Salad (5) Veggie Nibbles (5)	Wratering 27 Choose 1 Entrée Pepper Jack Enchiladas (18) Corn Dog (30) Mini Chef w/ Ham (4) w/ WG Roll (32) WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1) Side Item California Blend Mixed Vegetables (5) Garden Salad (2) Baby Carrots (5)	Wild CH 20 Choose 1 Entrée WG RF Fritos (16) Chips, Chili & Cheese (26) Turkey & Cheese (2) on WG Bun (27) w/ RF Doritos (20) WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1) Side Item Green Beans (4) Garden Salad (2) Veggie Nibbles (5) Dessert Chocolate Chip or Sugar Cookie (18)	Student Holíday